

Serving those who serve South Carolina


Using your benefits

Insurance Orientation and Education
2024

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Your benefits on the go

Mobile apps are available for your health, dental, prescription, and vision benefits, as well as your MoneyPlus flexible spending accounts and Health Savings Account.

-  BlueCross BlueShield of South Carolina
Search for My Health Toolkit®
-  Express Scripts
Search for Express Scripts
-  EyeMed
Search for EyeMed Members
-  ASIFlex
Search for ASIFlex Self Service
-  HSA Central
Search for HSA Central

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Accessing membership ID cards

	Vendor contact
State Health Plan	Log in to My Health Toolkit or call BlueCross at 800.868.2520.
Prescription drugs	Log in to your Express Scripts account or call Express Scripts at 855.612.3128.
Dental Plus	Log in to My Health Toolkit or call BlueCross at 888.214.6230. <i>If you need a Basic Dental card, contact your benefits administrator.</i>
State Vision Plan	Log in to your EyeMed account or call EyeMed at 877.735.9314.

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Don't pay more than you should

- *Explanation of Benefits* (EOB) is a report that shows you:
 - How much your provider charged for services.
 - How much the Plan paid.
 - The amount you will be responsible for, such as your copayment, deductible and coinsurance.
 - The total amount you may owe the provider (does not include any amount you've already paid).
- Find your EOB in the My Health Toolkit app and choose paperless notifications.

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Resources for a better you

- Blue CareOnDemand behavioral health visits.
- Care management.
- Meru Health.
- Quit For Life.
- Strive.
- Wondr Health.
- Learn more at www.peba.sc.gov/health-and-wellness.

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Adult well visits

- The State Health Plan covers one well visit every year at no member cost.
- Evidence-based services with an A or B recommendation by the [United States Preventive Services Task Force \(USPSTF\)](#) included.
- Available to all non-Medicare primary adults ages 19 and older.

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Adult well woman visits

- State Health Plan primary members are eligible for one well woman visit each year at no member cost.
 - The benefit is available to all non-Medicare primary female adults ages 19 and older who are covered by the Standard Plan or Savings Plan.
- Well woman exam is in addition to the annual adult well visit.
- Evidence-supported services, based on the U.S. Preventive Services Task Force (USPSTF) A and B recommendations, are included as part of a well woman exam under the State Health Plan.

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PEBA Perks

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| • Preventive screening. | • Mammography. |
| • Adult vaccinations. | • Behavioral health management. |
| • Well adult benefits. | • Weight management. |
| • Well child benefits (exams and immunizations). | • Heart health. |
| • Colorectal cancer screening. | • Diabetes management. |
| • Cervical cancer screening. | • Nicotine cessation. |
| • No-Pay Copay. | • Maternity management. |

Learn more at www.PEBAperks.com.



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Avoid costs by getting the green light for your care

- Some medical and behavioral health services need you or your provider to call for prior authorization for the State Health Plan to provide coverage.
- Not calling for prior authorization may lead to a \$515 penalty.
- Prior authorization does not guarantee payment.

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Disclaimer

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