

## Meeting Minutes | Health Care Policy Committee

Wednesday, July 25, 2018 | 10:30 a.m.  
202 Arbor Lake Dr., Columbia, SC 29223 | Second Floor Conference Room

Minutes Approved September 5, 2018

**Board Members Present:** Mr. Frank Fusco, Mr. Steve Heisler, Mr. Joe “Rocky” Pearce, Chairman, Mr. Audie Penn, and Mr. Chuck Richardson

**Others Present for All or a Portion of the Meeting:** Emily Barnhill, Peggy Boykin, Phyllis Buie, Amber Carter, Sarah Corbett, LaShaun Curry, Jennifer Dolder, Georgia Gillens, Joe Greene, Denise Hunter, Jordan Mayes, Heather Muller, Jacalin Shealy, Laura Smoak, Scott Talbert, Rob Tester, Travis Turner, Stephen Van Camp, Justin Werner, and Heather Young from the South Carolina Public Employee Benefit Authority (PEBA); Sam Griswold and Wayne Pruitt from the State Retirees Association of South Carolina; Rene’ Frick, Brooks Goodman, Gerald Israel, Dr. Tripp Jennings, Matt Shaffer, and Carmen Wilson from Blue Cross Blue Shield of South Carolina; Dr. Tim Church and Austin Wilcox of ACAP Health; Dr. David Louder of MUSC Health; Robin Scott from Express Scripts, Inc.; Pat Cannon, Michael Craig and Tammy Kell from Novo Nordisk, Inc.; Will Kinney from Mullikin Law Firm; Andy Madalena and Mike Madalena from Gabriel, Roeder, Smith & Company; Bob Broach from Celgene Corporation; and Angela Furnoss from Dexcom, Inc.

### I. Call to Order

Chairman Rocky Pearce called the PEBA Health Care Policy Committee (Committee) meeting to order at 10:30 a.m., and stated that the public meeting notice was posted in compliance with the Freedom of Information Act.

### II. Approval of Meeting Minutes – March 7, 2018

Mr. Audie Penn made a motion, which was seconded by Mr. Frank Fusco, and approved unanimously, to approve the March 7, 2018, Committee meeting minutes.

### III. 2019 State Health Plan Approval of Benefits and Contributions

Mr. Rob Tester, Health Care Policy Director, stated that effective January 1, 2019, the employer contribution rate for the State Health Plan will increase 7.4 percent, while employee rates remain the same. Program changes include an increase in patient cost sharing, including deductibles, coinsurance, and copayments. These changes will allow the State Health Plan to remain grandfathered under the Affordable Care Act.

Mr. Tester advised that effective January 1, 2019, the State Health Plan will include a well visit for adults who are State Health Plan-primary at specified age intervals. Evidence-based services with an A or B recommendation by the US Preventive Services Task Force (USPSTF) will be included. Age intervals are:

- Ages 19-39, one visit every three years;
- Ages 40-49, one visit every two years; and
- Ages 50 and up, one visit per year.

Mr. Tester noted that the visit and covered services will be subject to regular patient cost sharing.

Following a discussion related to additional changes to the Plan, Mr. Penn made a motion, which was seconded by Mr. Fusco, and approved unanimously, to recommend that the PEBA Board approve the 2019 State Health Plan as described by the document entitled State Health Plan Approval of Benefits and Contributions effective January 1, 2019.

#### **IV. Update on Weight Management**

Carmen Wilson, Account Executive, from Blue Cross Blue Shield of South Carolina, discussed current weight management initiatives in the State Health Plan, including Rally Health, the Disease Management Program, the Diabetes Prevention Program, and Naturally Slim.

Mr. Austin Wilcox and Dr. Tim Church of ACAP Health presented details regarding Naturally Slim, an online clinical behavioral counseling program proven to deliver positive outcomes with respect to weight management, diabetes prevention, metabolic syndrome reversal, blood pressure reduction and overall quality of life improvement for affected populations. The program promotes the concept of building skills that include mindful eating, physical activity, nutrition and mental health. The program will be offered beginning September 2018, to the adult State Health Plan membership, including Medicare-primary, who meet clinical risk criteria for obesity-related chronic conditions.

#### **V. Review of Disease Management and Coaching Programs**

Dr. Tripp Jennings, Medical Director, from Blue Cross Blue Shield of South Carolina, presented and discussed a recent external analysis of Blue Cross' health coaching programs conducted for the State Health Plan. Dr. Jennings stated that engagement for the State Health Plan Coaching programs was above national benchmarks, and noted positive correlations between health coaching and weight loss. Dr. Jennings also reported that members enrolled in health coaching utilized the emergency room less than half of the general population utilization.

#### **VI. MUSC Update**

In this annual review of the Medical University of South Carolina (MUSC) Health Plan, Mr. Tester discussed the latest financial performance, while Dr. Dave Louder, Executive Director of the MUSC Health Alliance, presented the Plan's quality metrics, and discussed the overall status of the MUSC plan.

#### **VII. Old Business/Director's Report**

Ms. Peggy Boykin, Executive Director, stated that she would provide the Director's Report at the full Board Meeting.

#### **VIII. Adjournment**

There being no further business, and upon motion by Mr. Penn which was seconded by Mr. Fusco, and approved unanimously, the Committee meeting adjourned at 12:10 p.m.