

Meeting Minutes | Health Care Policy Committee

Thursday, September 21, 2017 | 10:30 a.m.
200 Arbor Lake Dr., Columbia, SC 29223 | Second Floor Conference Room

Minutes approved December 13, 2017

Board Members Present: Mr. Frank Fusco, Mr. Steve Heisler, Mr. Joe “Rocky” Pearce, Chairman, Mr. Audie Penn, and Mr. David Tigges

Others Present for All or a Portion of the Meeting: Peggy Boykin, Phyllis Buie, Amber Carter, Sarah Corbett, Denise Hunter, Megan Lightle, Heather Muller, Thomas Orton, Jacalin Shealy, Laura Smoak, Rob Tester, Stephen Van Camp, Justin Werner, and Chuck Wilson from the South Carolina Public Employee Benefit Authority (PEBA); Erin Braun from the South Carolina Office of the State Treasurer; Sam Griswold and Wayne Pruitt from the State Retirees Association of South Carolina; Dr. Matt Bartels, Brooks Goodman, Stephanie Heckert, Dr. Tripp Jennings, Noreen O’Donnell, Matt Shaffer, Dr. Shawn Stinson, Michelle Thomsen, and Carmen Wilson from Blue Cross Blue Shield of South Carolina; Karen Russell, Jeff Scott, and Robin Scott from Express Scripts, Inc., Michael Craig from Novo Nordisk, Inc.; Herman Demmink from Novartis; Andy Madalena, Emily Madalena, Mike Madalena, and Eric St. Pierre from Gabriel, Roeder, Smith & Company; Scott Ogburn from EMC Solutions; and Will Kinney from Milliken Law Firm.

I. Call to Order

Chairman Rocky Pearce called the PEBA Health Care Policy Committee (Committee) meeting to order at 10:30 a.m., and stated that the public meeting notice was posted in compliance with the Freedom of Information Act.

II. Approval of Meeting Minutes – July 19, 2017

Mr. Audie Penn made a motion, which was seconded by Mr. David Tigges, and approved unanimously, to approve the July 19, 2017, Committee meeting minutes.

III. Election of Vice-Chairman

Mr. Penn made a motion, which was seconded by Mr. Tigges, and approved unanimously, to elect Mr. Fusco to serve as the Health Care Policy Committee Vice-Chairman.

IV. 2019 State Health Plan Annual Adult Well Exam Approval

Ms. Sarah Corbett, Chief Operating Officer, reviewed the 2019 State Health Plan well visit proposals. Ms. Corbett pointed out that the assumptions made in the development of the benefit are included in the materials, as well as the annual adult checkup scope of coverage, and additional services that would be covered based on the United States Preventive Services Task Force (USPSTF) recommendations. Ms. Corbett noted that an additional section was added to the proposal which list the value of offering an adult checkup, including Return on Investment (ROI) calculations.

Ms. Corbett stated that the 2019 well visit proposals include several different funding options, and only include procedures that are evidentially supported. Ms. Corbett advised that adult well visits could also be available based on age and frequency limitations:

- A. Age 19 through age 39, one well visit every three years
- B. Age 40 through age 49, one well visit every two years
- C. Age 50 and up, one well visit per year

Ms. Corbett reviewed the cost impact to the State Health Plan: evidence-supported serviced package- annual visit:

- A. Total Plan cost impact with no patient liability: 2.3 percent
- B. Total Plan cost impact with \$50.00 patient copay: 1.8 percent
- C. Total Plan cost impact paid as a covered service subject to normal plan provisions: 1.3 percent

Ms. Corbett also reviewed the cost impact to the State Health Plan with age and frequency limitations:

- A. Total Plan cost impact with no patient liability: 1.4 percent
- B. Total Plan cost impact with \$50.00 patient copay: 1.1 percent
- C. Total Plan cost impact paid as a covered service subject to normal plan provisions: 0.9 percent

Following further discussion, Mr. Tigges made a motion, which was seconded by Mr. Fusco, and approved unanimously, to recommend to the Board for approval that the State Health Plan add annual adult well exam visits with age and frequency limitations, and no patient liability. This option includes a 1.4 percent increase in budget continuation requirements.

V. Review of Obesity and Diabetes Programs

Dr. Shawn Stinson, Chief Medical Officer, from Blue Cross Blue Shield of South Carolina (BCBSSC), led a discussion related to current Plan programs such as health coaching and behavioral counseling designed to impact metabolic syndrome, diabetes, and obesity. Dr. Stinson advised that Living Healthy Programs focus on high and medium risk groups, with a goal of reducing morbidity and disability, and reducing preventable hospital admission and emergency room charges.

Dr. Stinson reviewed program design, curriculum components, assessment and evaluation components, and goals and outcomes for the Diabetes Management Program, Metabolic Health Syndrome Program, and the Weight Management Program. Dr. Stinson defined metabolic syndrome as a group of risk factors that raises a person's risk for heart disease and other health problems, such as diabetes and stroke. Dr. Stinson reported that one in ten Americans have diabetes, and South Carolina has the tenth highest diabetes rate in the country, which cost \$5.4 billion per year. South Carolina also has the twelfth highest adult obesity rate in the nation, with two out of three South Carolina adults, and one out of three children being overweight or obese.

VI. Update on Patient Center Medical Homes

Ms. Noreen O'Donnell from BCSSC, presented an update on the Patient Center Medical Homes (PCMH) program. PCMH is a team-based health care delivery model led by a health care provider that is intended to provide comprehensive and continuous medical care to patients with the goal of obtaining maximized health outcomes. Ms. O'Donnell advised that the PCMH benefit became available to State Health Plan members January 1, 2016. Benefits include waiving the \$12 physician office visit copay, and member coinsurance is paid at 10 percent versus 20 percent at a participating PCMH.

Ms. O'Donnell reported that there are 226 PCMH adult primary care practices in South Carolina, and stated that PCMH practices focus on target conditions such as diabetes, hypertension, and congestive heart failure. Ms. O'Donnell also reviewed program measurements, and stated that PCMH practices have better results overall than non-PCMH practices.

Ms. O'Donnell provided an update on the initiative to modify the current PCMH program to a PCMH plus model in 2018, which supports primary care practices along with incentives to drive better health and smarter spending. Ms. O'Donnell described the three PCMH plus tracks and the shared savings associated with each track. With the PCMH plus model, practices will be evaluated on their total cost of care and quality.

VII. Committee Charter Review

Mr. Penn made a motion, which was seconded by Mr. Fusco, and approved unanimously, to approve the Health Care Policy Committee Charter as revised, and to recommend the revised Committee Charter to the Board for approval.

VIII. Old Business/Director's Report

Ms. Peggy Boykin, Executive Director, stated that the 2017 Benefits at Work (BAW) conference originally scheduled for September 11-13, 2017, was cancelled due to inclement weather, and advised that employers will be receiving presentations and materials to distribute to employees regarding open enrollment and benefit changes for 2018.

Ms. Boykin announced that employers will be able to offer health education to employees provided by Blue Cross Blue Shield of South Carolina, and the costs associated with this education will be processed through the South Carolina Enterprise Information System (SCEIS).

Ms. Boykin advised that the PEBA Board Retreat will be October 18-19, 2017. The regular business meeting will be on the first day, and the second day will be reserved for educational training to meet the Board's educational requirements.

Ms. Boykin announced that PEBA has a farmer's market onsite each Thursday morning for employees to purchase fresh fruits and vegetables.

IX. Adjournment

There being no further business, and upon motion by Mr. Fusco, which was seconded by Mr. Penn, and approved unanimously, the Committee meeting adjourned at 12:30 p.m.