

Meeting Minutes | Health Care Policy Committee

Thursday, August 18, 2016 | 10:00 a.m.
200 Arbor Lake Dr., Columbia, SC 29223 | Second Floor Conference Room

Minutes approved September 15, 2016

Board Members Present: Mr. Steve Heisler, Mr. Joe “Rocky” Pearce, Chairman, and Mr. Audie Penn

Board Members Present via Telephone: Mr. Frank Fusco

Others Present for All or a Portion of the Meeting: Peggy Boykin, Sarah Corbett, Ariail Kirk, Heather Muller, Justice Perkins, Jacalin Shealy, Laura Smoak, Rob Tester, Travis Turner, Stephen Van Camp, Justin Werner, and Heather Young from the South Carolina Public Employee Benefit Authority (PEBA); Wayne Pruitt from the State Retirees Association of South Carolina; Brooks Goodman, Dr. Will Harms, Sarah Martin, Karen Patton, Matt Shaffer, and Dr. Shawn Stinson from Blue Cross Blue Shield of South Carolina; Karen Russell, Robin Scott, and Traci Young from Express Scripts, Inc.; Michael Craig, Kipper Linville, Wes Nolen, and Dr. Steve O’Brien from Novo Nordisk, Inc.; and Will Kinney from Milliken Law Firm.

I. Call to Order

Chairman Rocky Pearce called the PEBA Health Care Policy Committee (Committee) meeting to order at 10:00 a.m., and stated that the public meeting notice was posted in compliance with the Freedom of Information Act.

II. Adoption of Proposed Agenda

Mr. Steve Heisler made a motion, which was seconded by Mr. Audie Penn, and approved unanimously, to adopt the proposed Committee meeting agenda.

III. Approval of Meeting Minutes- July 21, 2016

Mr. Heisler made a motion, which was seconded by Mr. Penn, and approved unanimously, to approve the July 21, 2016, Committee meeting minutes.

IV. Election of Committee Vice-Chairman

Mr. Penn made a motion, which was seconded by Mr. Frank Fusco, and approved unanimously, to elect Mr. Heisler to continue to serve as the Health Care Policy Committee Vice-Chairman.

V. Obesity Update

Dr. Shawn Stinson, Chief Medical Officer, from Blue Cross Blue Shield of South Carolina (BCBSSC), led a discussion related to the prevalence of obesity in South Carolina, cost associated with obesity, and the State Health Plan’s obesity intervention program. Dr. Stinson reported that South Carolina has the 10th highest adult obesity rate in the nation, and a recent study suggest that excess weight has a greater impact on diabetes than heart disease. Obesity associated diseases such as diabetes and heart disease cost an estimated \$8.5 billion per year in 2014.

Dr. Stinson stated that two out of three South Carolina adults and one out of three children are overweight or obese, and if the current trends continue, this generation of South Carolina children will have a shorter life expectancy than their parents.

Dr. Stinson defined obesity as when an individual's weight is higher than what is considered healthy for a given height. Body Mass Index (BMI) is used to determine whether an individual is overweight. Dr. Stinson advised that obesity is associated with the following diseases and conditions: Metabolic syndrome; diabetes; hyperlipidemia; hypertension; heart disease; musculoskeletal conditions; and cancer. The 2015 total estimated Plan cost for diseases associated with obesity is approximately \$160 million.

Ms. Sarah Martin from BCSSC, reviewed current weight management services available to the State Health Plan, and considerations for an obesity intervention program, such as developing a health concierge approach of current health management. Ms. Martin also noted that the Rally platform and health coaching will play a significant role in obesity intervention next year.

VI. Old Business/Director's Report

Ms. Peggy Boykin, PEBA's Executive Director, stated that she would provide her report at the full Board meeting.

VII. Adjournment

There being no further business, and upon motion by Mr. Heisler, which was seconded by Mr. Penn, and approved unanimously, the Committee meeting adjourned at 11:12 a.m.