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Meeting Minutes | Health Care Policy Committee

Wednesday, February 16, 2017 | 10:00 a.m.

200 Arbor Lake Dr., Columbia, SC 29223 | Second Floor Conference Room

Minutes Approved March 23, 2017

Board Members Present: Mr. Steve Heisler, Mr. Joe "Rocky" Pearce, Chairman and Mr. Audie Penn

Board Members Present via Telephone: Mr. Frank Fusco

Others Present for All or a Portion of the Meeting: Phyllis Buie, Amber Carter, Sarah Corbett, Jennifer Dolder, Denise Hunter, Heather Muller, Justice Perkins, Jacalin Shealy, Laura Smoak, Rob Tester, Travis Turner, Stephen Van Camp, and Heather Young from the South Carolina Public Employee Benefit Authority (PEBA); Wayne Pruitt from the State Retirees Association of South Carolina; Brooks Goodman, Dr. Will Harms, Noreen O'Donnell, Karen Patton, Mr. Matt Shaffer, and Dr. Shawn Stinson from Blue Cross Blue Shield of South Carolina; Robin Scott, Karen Russell, and Traci Young from Express Scripts, Inc.; Michael Craig and Kipper Linville from Novo Nordisk, Inc.; and Thompson Kinney from Milliken Law Firm.

I. Call to Order

Chairman Rocky Pearce called the PEBA Health Care Policy Committee (Committee) meeting to order at 10:00 a.m., and stated that the public meeting notice was posted in compliance with the Freedom of Information Act.

II. Adoption of Proposed Agenda

Mr. Audie Penn made a motion, which was seconded by Mr. Steve Heisler, and approved unanimously, to adopt the proposed Committee meeting agenda.

III. Approval of Meeting Minutes – January 12, 2017

Mr. Heisler made a motion, which was seconded by Mr. Penn, and approved unanimously, to approve the January 12, 2017, Committee meeting minutes.

IV. Musculoskeletal Review

Dr. Shawn Stinson, Chief Medical Officer, from Blue Cross Blue Shield of South Carolina (BCBSSC), led a discussion related to the prevalence, cost, and interventions associated with musculoskeletal disorders. Dr. Stinson advised that musculoskeletal injuries and disorders affect the body's musculoskeletal system including: muscles, nerves, tendons, joints and cartilage in upper and lower limbs, neck, and lower back. An estimated 126.6 million adults are affected by a musculoskeletal condition, which is typically associated with either trauma, degenerative disorders, or inflammatory disorders. Dr. Stinson reported that musculoskeletal disorders and diseases are the leading cause of physical disability in this country, and is the State Health Plan's leading medical cost driver.

V. Update on Patient Center Medical Homes

Ms. Noreen O'Donnell from BCBSSC, presented an update on the Patient Center Medical Homes (PCMH) program. Ms. O'Donnell reported that South Carolina PCMH providers have grown from 156 practices in June 2015, to 239 practices in January 2017, and stated that PCMH practices focus on target conditions such as diabetes, hypertension, and chronic heart failure. Ms. O'Donnell also reviewed program measurements, and stated that PCMH practices have better results overall than non-PCMH practices.

Dr. Stinson provided an update on the initiative to modify the current PCMH program to a PCMH plus model that supports primary care practices along with incentives to drive better health and smarter spending. Dr. Stinson stated that by focusing on specific care delivery objectives and aligning payments accordingly, practices should be able to provide more comprehensive care, which will reduce patient complications and decrease health care cost. Track one of the PCMH plus program supports practices that are developing comprehensive primary care capabilities. Track two of the PCMH plus program targets practices that are proficient in comprehensive primary care capabilities, and are prepared to increase the scope of complex needs medical care. Dr. Stinson stated that BCBSSC will implement a pilot practice group during the second quarter of 2017, with a full transition of all PCMH practices to the PCMH plus model by the end of 2018.

VI. Benchmark Communications Plan

Ms. Sarah Corbett, Chief Operations Officer, provided a summary of the State Health Plan Benchmarks Communications Plan which should be fully implemented by December 31, 2017. Ms. Corbett stated that the State Health Plan benchmarks will be added to the public website and social media post, and promoted to stakeholders, members, and employers.

VII. 2017 Goals

Ms. Corbett and Ms. Laura Smoak, Analytics and Health Initiatives Director, reviewed the 2017 health initiatives communications goals:

Goal 1- Promote Rally to encourage member engagement in the digital consumer platform. The target member engagement for members eligible for the PEBA Perks No-Pay Copay incentive is at least 18,000.

Goal 2- Encourage at least five percent of eligible State Health Plan active members to register for Blue CareOnDemand; a telehealth video platform that was introduced in January 2017.

Goal 3- Increase the number of worksites hosting a preventive screening by six percentage points.

Goal 4- Increase those enrolled in the State Health Plan maternity management program in the first trimester by three percentage points. Ms. Smoak pointed out that starting this year, certain manual and electric breast pumps obtained from contracted providers will be available at no cost to State Health Plan primary members.

Chairman Pearce stated that due to current time restraints, he would like to continue the discussion on 2017 health initiative communication goals at the next Committee meeting.

VIII. Old Business/Director's Report

Ms. Corbett stated that she did not have anything to report.

IX. Adjournment

There being no further business, and upon motion by Mr. Heisler, which was seconded by Mr. Penn, and approved unanimously, the Committee meeting adjourned at 11:49 a.m.