

Insurance benefits support for employers

PEBA is committed to providing the information you need to administer your employees' insurance benefits. Here's a quick look at the available resources.

- **Employee Benefits Services** <u>EBS</u> is a secure website that provides authorized users with access to PEBA's insurance benefits enrollment database. Users can view their employees' insurance enrollment information, enroll subscribers, make changes to subscribers' coverage, approve subscriber changes made through MyBenefits, and view reporting data and billing reports. For help with EBS access, call 803.734.2352.
- **Benefits Administrator Manual** PEBA publishes the <u>Benefits Administrator Manual</u> every year to provide updated information about administering PEBA's insurance programs.
- **Publications** The *Insurance Summary* provides a high-level overview of insurance benefits for active employees. The Summary, *Insurance Benefits Guide* and other publications are available at peba.sc.gov/publications.
- Training and resources Review the employer training courses available at peba.sc.gov/insurance-training.

 We announce online sessions in PEBA Update, and registration is not required. For assistance, email EmployerServices@peba.sc.gov.
- **Employer Advisory Group** Learn about recent employer updates from Employer Services. We announce online sessions in *PEBA Update*.
- PEBA Health Hub The <u>PEBA Health Hub</u> provides ready-to-use toolkits and other information for you to download and share with your employees.
- YouTube channel <u>PEBA TV</u> features a variety of videos about PEBA-administered benefits, including our <u>Navigating Your Benefits</u> videos.
- **PEBA Update** PEBA uses the employer contact information in <u>EBS</u> to distribute *PEBA Update*, a weekly employer e-newsletter as well as time-sensitive emails. Please periodically review and update your employer contacts. Previous editions of *PEBA Update* are <u>archived online</u>.
- Stay connected Stay up-to-date with the latest from PEBA. Visit our <u>Latest news webpage</u> and follow us on social media.

Resources for your employees

Orientation and education

PEBA offers *Insurance Orientation and Education* for new hires. This presentation provides an overview of insurance benefits and is available at peba.sc.gov/publications. Other resources for new hires are available at peba.sc.gov/new-employees.

PEBA Perks

<u>PEBA Perks</u> are offered at no cost to State Health Plan primary members at network providers and pharmacies.

Health coaching

These <u>programs</u> provide State Health Plan members with resources to help them take a hands-on approach to monitoring their health, understanding risk factors and making informed decisions to stay healthy.

Meru Health

Meru Health is an online health care provider that offers State Health Plan primary members an evidence-based program clinically proven to reduce anxiety, stress, depression and burnout. Learn more at meruhealth.com/cba.

Wondr Health

Wondr Health is a 12-week, online program that uses weekly video lessons and interactive tools to teach the behavioral skills necessary to lose weight and keep it off long term. Learn more at wondrhealth.com/PEBA.

Hello Heart

Hello Heart is an easy-to-use program that helps you track, understand and manage your heart health from the privacy of your phone. Learn more at join.helloheart.com/PEBA2w.

Virta

Virta is a program that can help you reverse Type 2 diabetes while naturally lowering and controlling your average blood sugar (HbA1c). Learn more at virtahealth.com/join/peba.

Health and wellness

Receive an overview of health and wellness resources available to members in *Health and Wellness: Your Benefits Resources*. This presentation is available at peba.sc.gov/ publications.

Retirement planning

Encourage your employees who are within a few years of retirement eligibility to check out *Get Set for Retirement: Insurance*. This presentation includes retirement and insurance benefits information and is available at peba.sc.gov/bap.

Online account access

MyBenefits is the secure website through which members of PEBA-administered insurance benefits can review their benefits, update contact information and change coverage during an open enrollment period or certain special eligibility situation.

Guides and flyers

Several publications found on PEBA's website can help employees understand their PEBA-administered insurance benefits. The *Navigating Your Benefits* series provides simple explanations on benefits concepts. The *Insurance Benefits Guide* offers a more in-depth look at coverage.

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