

On-the-go health info

Sign up for State Health Plan mobile messaging.

Text messages are a great way to keep up with kids, friends and appointments. They can help you stay on top of your health, too.



Sign up for secure State Health Plan mobile messages. You'll get benefits information, health and wellness reminders and cost-saving tips.

Learn how to avoid catching a cold. Find out about benefits available at no cost. Get information about healthy lifestyle programs, health coaching and value-based benefits.

Mobile messaging is completely optional, but we encourage you to sign up! It's a simple and secure way to get information you can use.

To register, call 844.284.5417 or
text "Perks" to 735-29 from your mobile phone.

Data rates may apply.



South Carolina