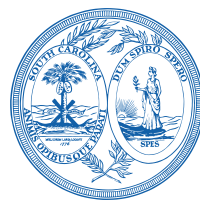


Fall 2019/Winter 2020 Trends



PEBASM
SC Retirement Systems
and State Health Plan

Preventive screenings top 40,000 again

Members continue to take advantage of value-based benefits

For the fifth year in a row, more than 40,000 State Health Plan members received a preventive biometric screening.

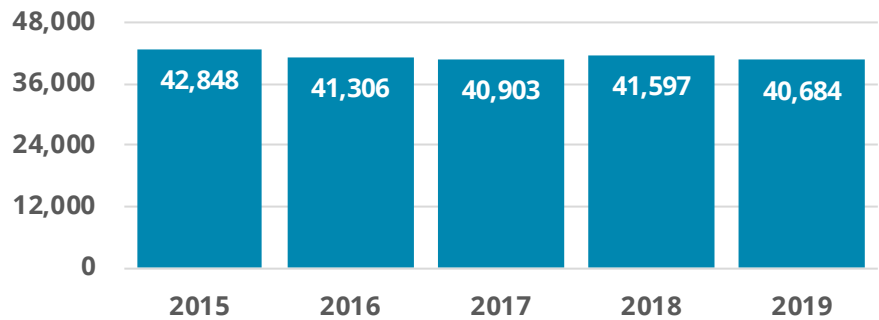
Preventive screenings are one of the State Health Plan benefits offered at no member cost. Members can share their screening results with their physicians during their well visits, which can help them save significantly on lab tests.

In 2019, 40,684 State Health Plan members were screened, and there were 1,117 worksite screening dates.

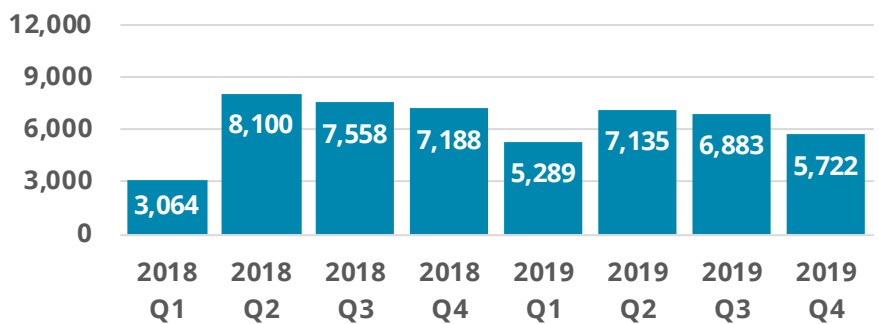
Here's a look at utilization of some of the other value-based benefits offered to State Health Plan members in 2019:

- No-Pay Copay:** The number of members enrolled in the No-Pay Copay program dropped from an average of 6,329 members during 2018 to an average of 6,257 during 2019. Participants received an average of three prescription medications a month during 2019.

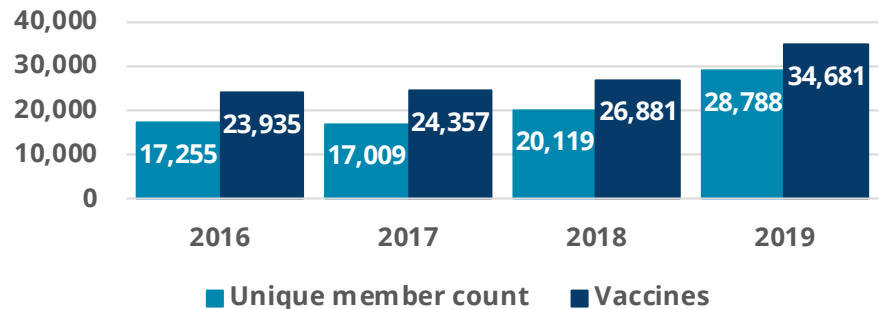
Preventive screenings: 2015-2019



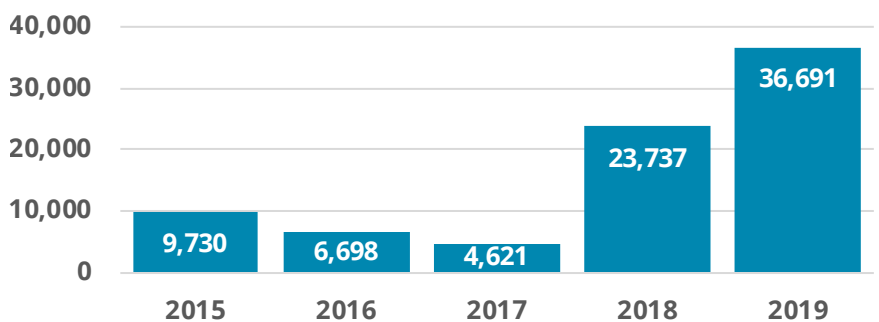
No-Pay Copay: 2018-2019



Adult vaccines (excluding shingles, flu): 2016-2019



Shingles vaccine: 2015-2019



Continued on page 4

State Health Plan membership snapshot

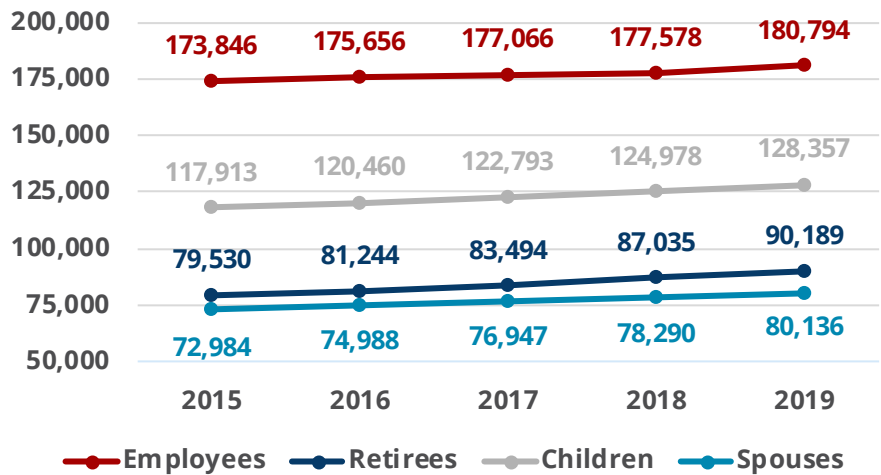
Enrollment in the plan has grown an average of 2.0 percent annually since 2015

Enrollment in the State Health Plan increased 2.5 percent to 479,476 members in 2019 from 467,881 members in 2018.

The number of employees enrolled in the plan increased 1.8 percent from 177,578 in 2018 to 180,794 in 2019. The number of retirees enrolled grew 3.6 percent from 87,035 in 2018 to 90,189 in 2019. The number of children enrolled in the State Health Plan rose from 124,978 in 2018 to 128,357 in 2019, an increase of 2.7 percent. The number of spouses grew 2.4 percent, from 78,290 in 2018 to 80,136 in 2019.

Since 2015, enrollment in the State Health Plan has grown an average of 2.0 percent annually.

Enrollment by member type: 2015-2019



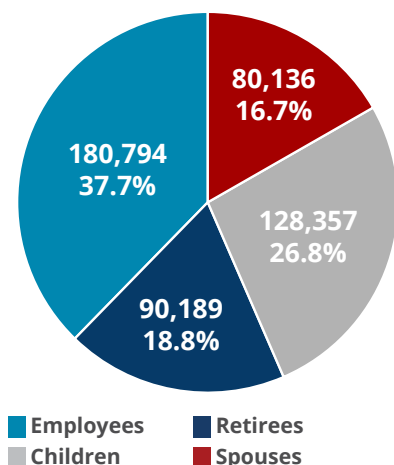
The majority of subscribers, 155,122 or 57.2 percent, are enrolled in subscriber-only coverage. Subscriber/spouse coverage was second in enrollment with 45,362 (16.7 percent). Subscriber/child coverage was third with 35,894 (13.3 percent), and 34,604

members (12.8 percent) had full family coverage.

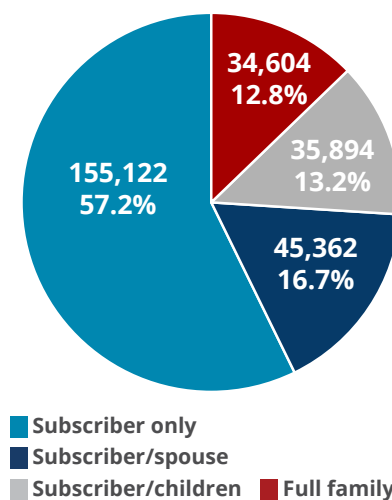
Of the 180,794 total active employees enrolled in the State Health Plan last year, 85,272 worked for school districts (47.2 percent), 21,779 worked for

Continued on page 5

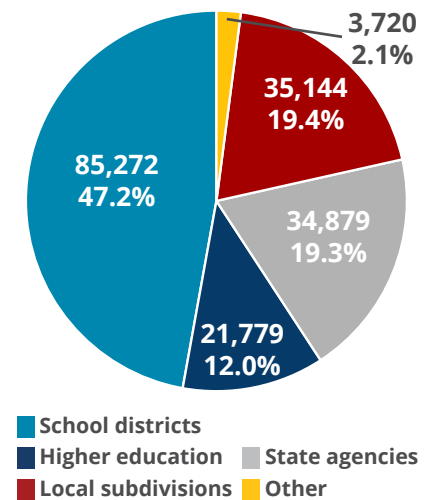
Total membership



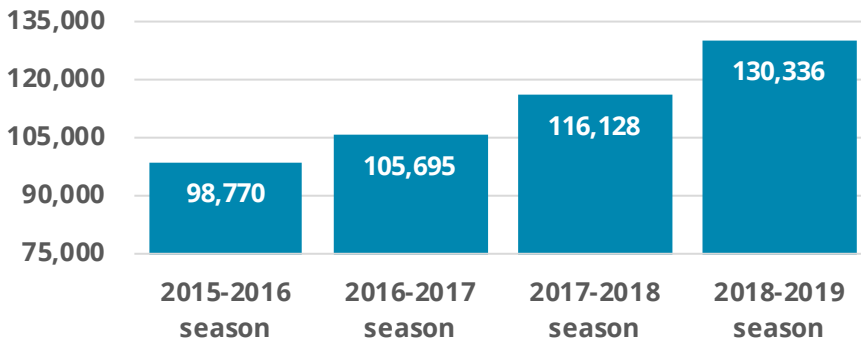
Coverage tiers



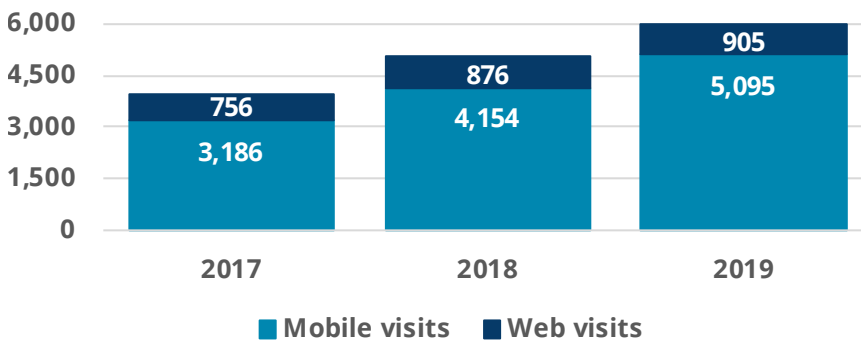
Employer type



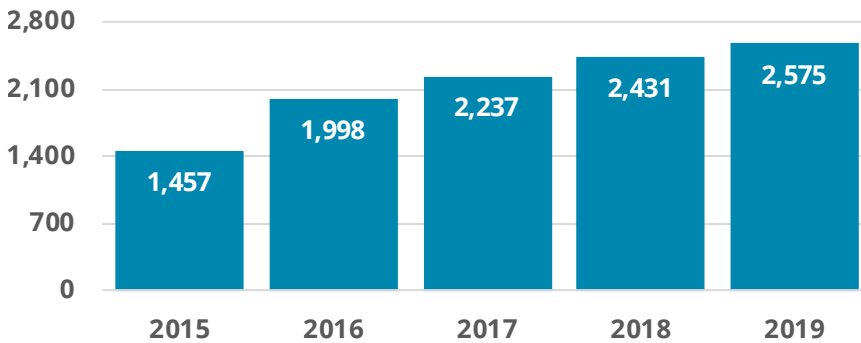
Flu vaccines: July 2015-June 2019



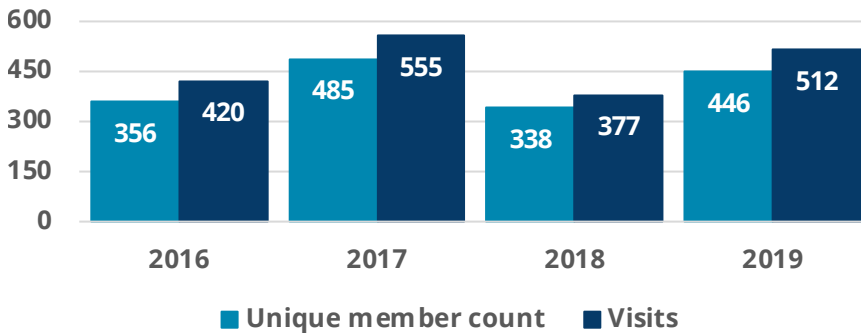
Blue CareOnDemandSM utilization: 2017-2019



Tobacco cessation: 2015-2019



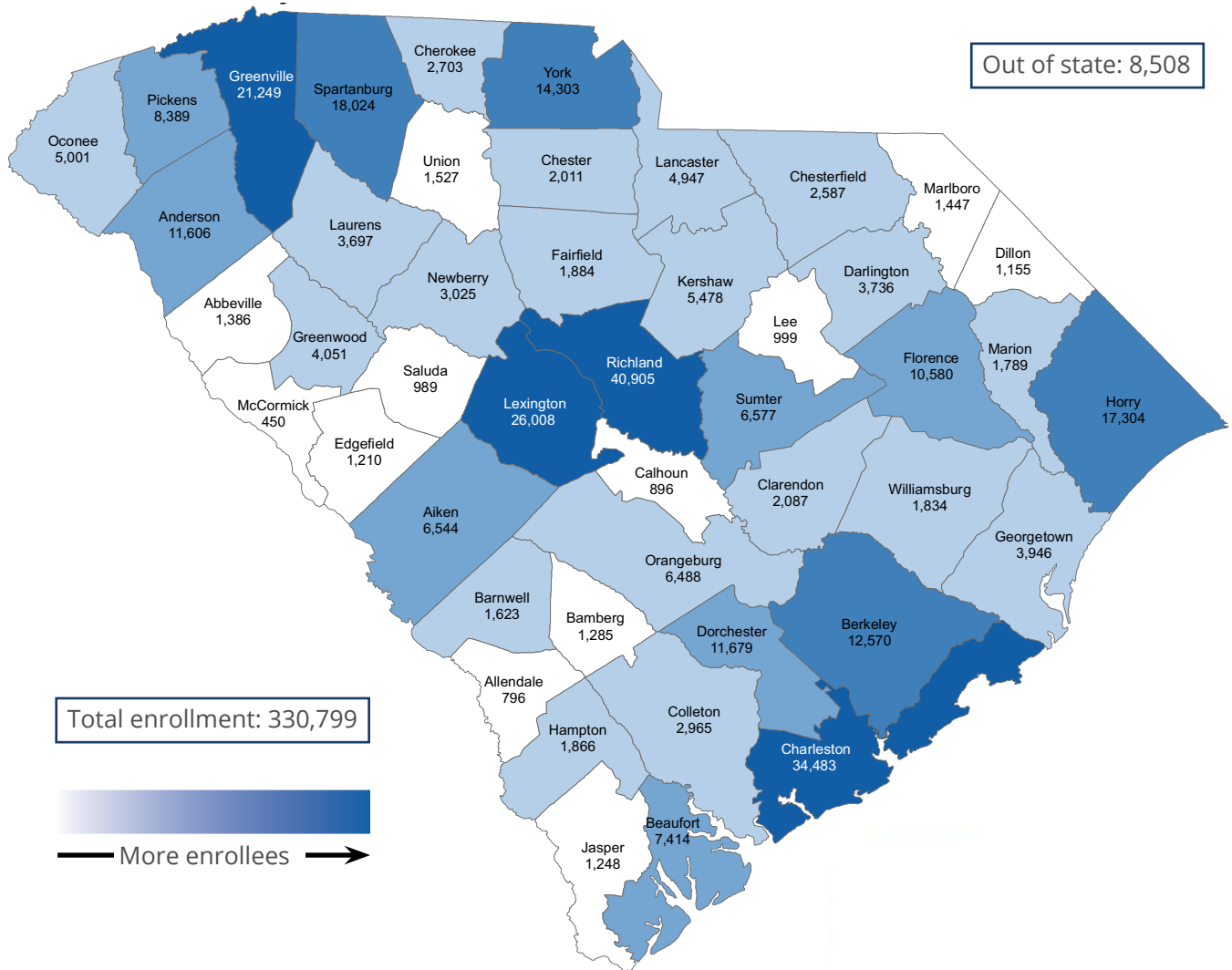
Diabetes education: 2016-2019



Continued from page 2

- Adult vaccinations:** The plan paid benefits for 34,681 vaccines in 2019, up 29.0 percent from 26,881 in 2018.
- Shingles vaccinations:** The number of members who got a shingles vaccine increased 54.6 percent, from 23,737 in 2018 to 36,691 in 2019.
- Flu vaccinations:** The Plan paid for 130,336 flu shots during the 2018-2019 flu season, which spanned July 2018 through June 2019.
- Blue CareOnDemandSM:** State Health Plan members made 6,000 visits using the Blue CareOnDemandSM telehealth service in 2019, an increase of 19.3 percent from 2018. A mobile device was used for nearly 85 percent of the visits.
- Tobacco cessation:** In 2019, 2,575 members took advantage of the Quit for Life[®] tobacco cessation or tobacco cessation products, up 5.9 percent from 2,431 in 2018.
- Diabetes education:** The plan covered 512 diabetes education services for 446 members in 2019, up from 377 services for 338 members in 2018.

Dental Plus insured lives as of January 2020



Continued from page 3

higher education (12.0 percent), 34,879 worked for state agencies (19.3 percent) and 35,144 worked for local subdivisions (19.4 percent). Another 3,720 worked for other employers (2.1 percent).

The average age of active employees was 45 years old in 2019. The majority of active employees, 65.3 percent, were female.

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