

SUMMER/FALL 2018 trends

Plan provides coverage for more than 3,700 births in 2017

C-sections account for 39 percent of deliveries

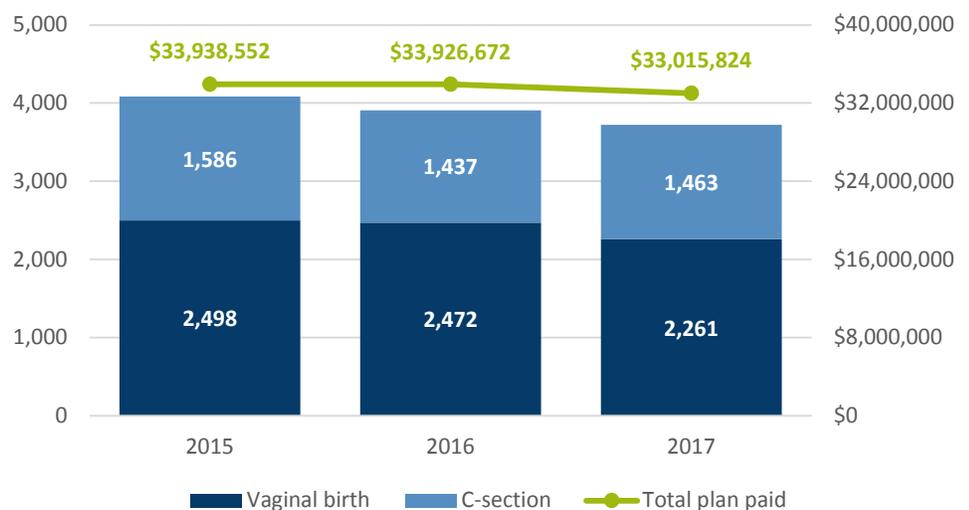
The State Health Plan paid claims on 3,724 births in 2017, a 4.7 percent decrease from the 3,909 it covered in 2016. The 2017 claims totaled \$33.02 million.

There were 1,463 cesarean section births in 2017, which cost \$14.64 million. The rate for C-sections rose slightly from 36.8 percent in 2016 to 39.3 percent in 2017.

Under the State Health Plan, maternity benefits are provided to subscribers and their covered spouses. Maternity benefits include necessary prenatal and postpartum care, including childbirth, miscarriage and complications related to pregnancy.

Women are encouraged to enroll in the Coming Attractions maternity management program when they become pregnant. Since 2017, the plan has covered specific models of breast

Births | 2015-2017



pumps at no cost to female subscribers and female spouses of subscribers. The plan paid \$207,412 for 1,868 breast pumps under this benefit in 2017.

Lactation counseling is also a covered benefit, and, in October 2018, BlueCross BlueShield of South Carolina began offering lactation support through its Blue CareOnDemand telehealth service.

PEBA is a participating partner in the Birth Outcomes Initiative, a public health effort that was launched in July

2011 with the goal of reducing the state's high elective C-section birth rate and to reduce Neonatal Intensive Care Unit admissions. Other partners in this initiative include Blue Cross Blue Shield of South Carolina, the S.C. Department of Health and Human Services, the S.C. Hospital Association, the S.C. Department of Health and Environmental Control, the March of Dimes and state physicians and hospitals.

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Number of retirees enrolled in SHP grows 5 percent

The number of retirees enrolled in the State Health Plan grew from 84,691 in December 2017 to 89,186 in December 2018, an increase of 5.3 percent.

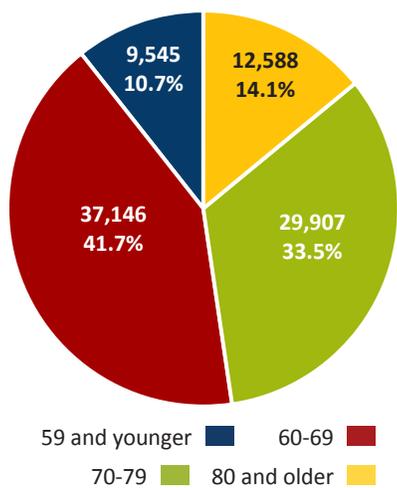
During the past five years, the number of retirees enrolled in the State Health Plan has increased an average 3.0 percent annually.

In December 2018, 75.3 percent of retirees were enrolled in the Medicare Supplemental Plan (67,196), 24.3 percent were enrolled in the Standard Plan (21,713), and 0.4 percent were enrolled in the Savings Plan (277).

The average age of retirees in 2018 was 69.8. There were 9,545 early retirees, those younger than 60.

Of the 68,469 Medicare-eligible retirees, 65,529 were enrolled in Express Scripts Medicare, the State Health Plan's Medicare Part D prescription drug program.

Ages of retirees



Maternity Management Continued from Page 1

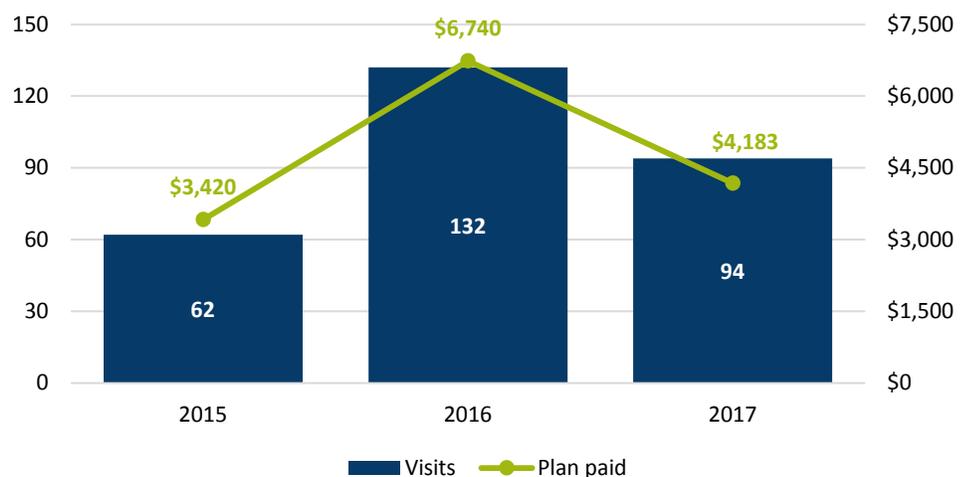
The State Health Plan offers two services as part of the Birth Outcomes Initiative: Centering Pregnancy and SBIRT, which stands for Screening, Brief Intervention and Referral to Treatment.

Centering Pregnancy is a nationally recognized model of group prenatal care supported by the Centering Healthcare Institute. Patients are organized into groups of eight to 12 women who have due dates in the same month. Groups meet for 10 two-hour sessions that include a physical assessment, childbirth

education and time for socializing. The plan paid \$14,343 for 288 Centering Pregnancy visits from 2015 to 2017.

In the SBIRT program, screening assesses the severity of substance abuse and identifies the appropriate level of treatment. Brief intervention focuses on increasing insight and awareness regarding substance abuse and motivation toward behavioral change. Referral to treatment provides those identified as needing more extensive treatment with access to specialty care. The plan paid \$1,729 for 70 visits related to SBIRT in 2017.

Centering Pregnancy | 2015-2017



SBIRT | 2015-2017



Number of Well Child office visits drops by 6 percent in 2017

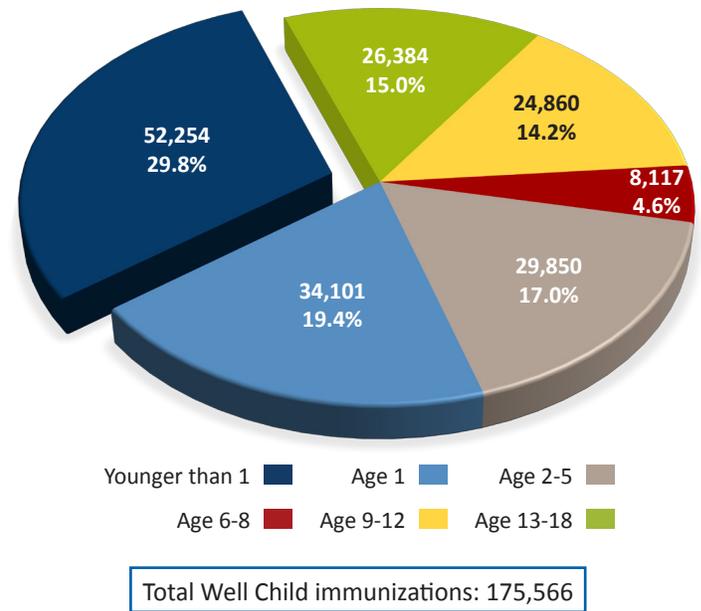
Children account for 13.3 percent of year's total claims payments

The State Health Plan provided 83,673 Well Child Care office visits and immunizations during 2017, a decrease of 6.3 percent from the 89,299 provided in 2016. The plan paid \$14.3 million in 2017, 5.0 percent less than the \$15.0 million the plan paid in 2016.

In 2017, 175,566 immunizations were covered through the benefit. Children younger than 1 received 52,254 immunizations, which was 29.8 percent of the total immunizations in 2017. Children age 1 received 34,101 immunizations, or 19.4 percent of the 2017 total. Immunizations for children ages 2-5 totaled 29,850, or 17.0 percent. Children ages 6-8 received 8,117 immunizations (4.6 percent) while children ages 9-12 received 24,860 immunizations (14.2 percent). Children ages 13-18 received 26,384 immunizations, or 15.0 percent.

During 2017, the State Health Plan insured an average of 122,793 children. These children made up 26.7 percent of the total insured lives. Claims payments made on behalf of these members totaled \$173.32 million (13.3 percent of total claims

2017 SHP Well Child Care immunizations by age



payments) at an average of \$1,438.82 per child.

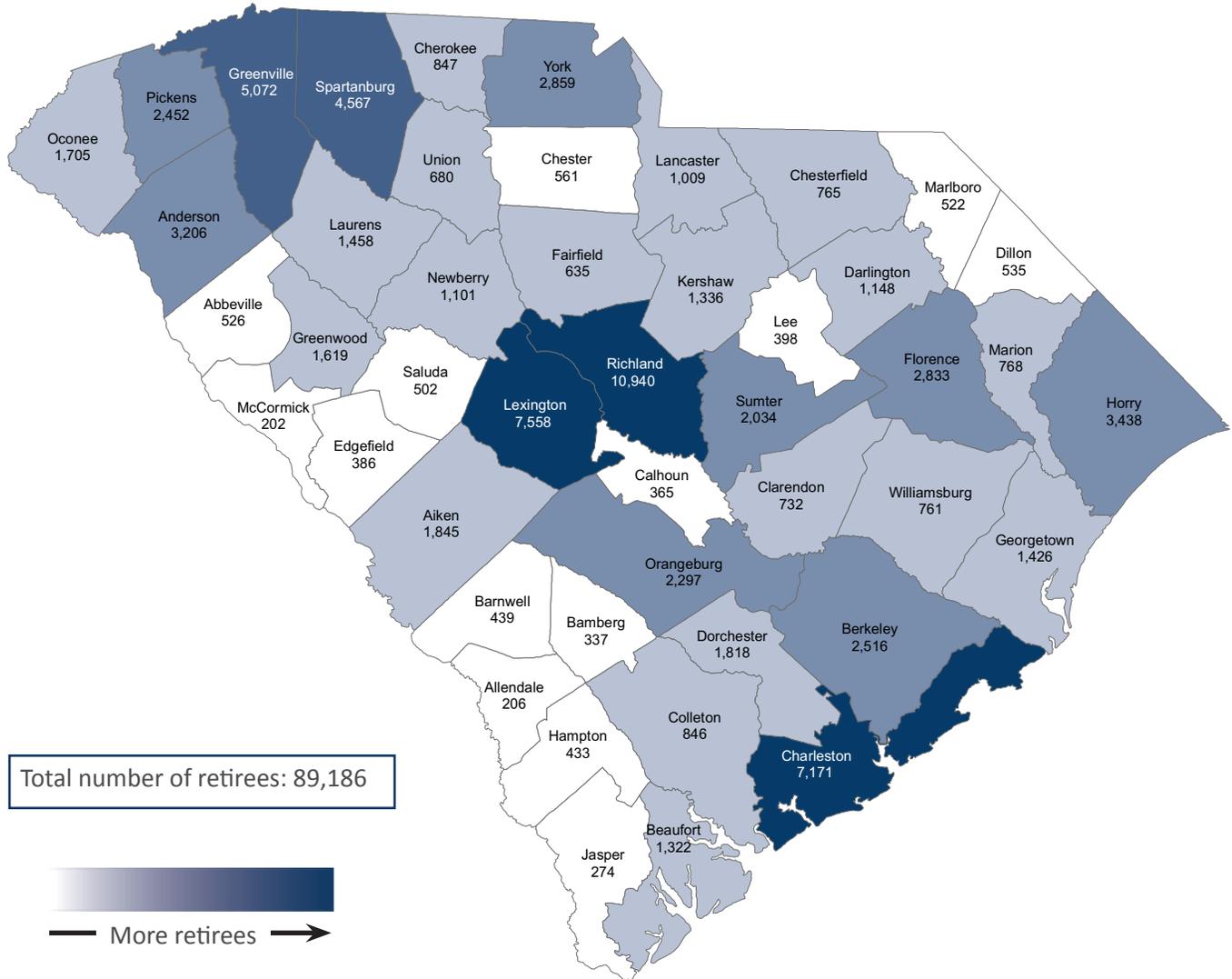
Under the State Health Plan, children are eligible for benefits until age 26. Coverage may extend past age 26 for children who are deemed medically incapacitated before age 26.

Centers for Disease Control and Prevention immunization schedule for children

Immunization	Recommended schedule
Hepatitis B (HepB)	Birth, 1-2 months, 6-18 months
Rotavirus	2 months, 4 months, 6 months
Inactivated Polio vaccine (IPV)	2 months, 4 months, 6-18 months, 4-6 years
Diphtheria-Tetanus-Pertussis (Whooping cough)	2 months, 4 months, 6 months, 15-18 months, 4-6 years, 11-12 years
Haemophilus (HIB)	2 months, 4 months, 6 months (optional), 12-15 months
Pneumococcal conjugate (PCV7)	2 months, 4 months, 6 months, 12-15 months
Influenza	Yearly from age 6 months until age 19 (two doses the first year)
Measles-Mumps-Rubella	12-15 months, 4-6 years
Varicella (Chickenpox)	12-15 months, 4-6 years
Hepatitis A	First dose at 12-23 months; second dose: 6-18 months after first dose
Meningococcal	11-12 years, booster at 16 years
Tetanus	Booster at 11-12 years
Human papillomavirus (HPV) (females and males)	1st dose at 11-12 years; Second dose: 2 months after first dose Third dose: 6 months after first dose

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Retirees enrolled in the State Health Plan as of December 2018



Total number of retirees: 89,186



Out-of-state retirees: 4,736	MS 40	LA..... 23	IL..... 18	MT 12	DE 8	AK 4		
NC. 1,668	TX..... 143	PA 56	IN 38	AR 22	NM..... 16	ME 11	NH..... 7	HI 4
GA.... 765	AL..... 95	AZ 54	WA..... 37	MO..... 22	WI 15	WY 11	DC..... 6	NE 3
FL..... 628	OH 72	CO..... 54	WV..... 35	CT 20	KS..... 14	UT 10	ID 6	ND..... 1
VA 251	CA..... 65	KY..... 52	OR..... 26	NJ..... 20	NV..... 14	MN..... 9	SD 6	RI 1
TN 196	NY 64	MI 47	MA..... 24	OK..... 20	IA 12	Out-of-country retirees: 11		